Manual Therapy for Low Back
April 20, 2018

INSTRUCTOR:
Ted German, PT, AAS, BA, DPT, CIMT, CPRS has over 18 years of experience in outpatient orthopedic physical therapy and has taught dozens of manual therapy courses all over the country. He currently works at Group Health Cooperative in Madison, WI as a spine specialist. He also works in the Urgent Care Physical Therapy department at GHC and is currently developing an Acute Low Back Pain program. Dr. German’s education includes a Doctorate in Physical Therapy from St. Catherine University, Minneapolis, MN; a Bachelor of Arts in Kinesiology from Concordia University, St. Paul, MN; and an Associate of Applied Science in Physical Therapy from Lourdes College, Sylvania, OH. He is a Certified Integrated Manual Therapist and a Certified Pilates Rehabilitation Specialist. He is a member of the American Physical Therapy Association’s Orthopedic Section. Dr. German’s other significant teaching experiences include guest lectures on “Pilates for Rehabilitation” for St. Catherine University’s Orthopedics Department and “Risk Factors for Patellofemoral Pain Among Females” at the APTA’s Combined Sections Meeting.

LEARNING OUTCOMES:
Understand basic anatomy and the pathomechanics of low back pain
Understand the basic principles of manual therapy for the lumbar spine and SI joints
Identify adverse events and patterns of medication misuse
Demonstrate proper manual therapy evaluation for a lower back patient
Easily identify the most common low back dysfunctions
Demonstrate proper manual therapy treatment techniques for a lower back patient

PROGRAM NUMBER: 10407
CEUs: 0.7 (Contact Hours: 7 hours)
PRICE: $255 (before/on 3/20/18)
       $295 (after 3/20/18)
LEVEL: Introductory
DATE:  Friday, April 20th, 2018
       8:00 a.m. to 4:00 p.m.
LOCATION: UW-Milwaukee School of Continuing Education
          161 West Wisconsin Avenue, Milwaukee, WI 53203
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Agenda

  8:00 AM  Principles of Manual Therapy
  10:00 AM Break
  10:10 AM Manual Therapy Assessment Hands-On Lab
  11:10 AM Manual Therapy Treatment Hands-On Lab
  12:00 PM Lunch (on your own)
  12:45 PM Manual Therapy Treatment Hands-On Lab - Continued
  3:00 PM Break
  3:05 PM Pilates-Based Therapeutic Exercise Lecture
  3:35 PM Discussion; Question and Answer
  4:00 PM Adjourn