

# Continuing Education for Healthcare Professionals



## COURSE DESCRIPTION:

Upon completion of this six day, 62 hour introductory course, participants will be awarded applicable CE hours and full certification as a lymphedema therapist, (CLT). This course combines various European lymphedema and soft tissue mobilization techniques, integrated with practical clinical oriented treatment techniques to achieve outcomes in the managed care market. The course awards 62 hours (6.2 CEUs). An additional 18 hours (1.8 CEUs) may be earned with coursework completed at home.

## UNIQUE TO THIS PROGRAM:

- “Hands-on” opportunities to work directly with patients and hear their stories
- Therapists teaching therapists an integrated, practical approach which is applicable to the American reimbursement system
- Critical problem-solving related to co-morbidities. One-third of the course is devoted to lymphatic system anatomy and physiology; one-third to theory and practice of manual lymphatic treatment and bandaging skills; one-third to exercise, skin care, patient evaluation/assessment, pneumatic pumps, compression garments, patient self-management, and clinic set-up topics such as insurance (codes, forms, etc.), marketing, support groups, and equipment
- Lab time “hands-on” and mentoring is integrated into all sections equally (2/3 of class time).

## LEARNING OUTCOMES:

- Demonstrate familiarity with pathology of both lymphedema and venous edema
- Discuss anatomy and physiology related to the lymphatic and venous system
- Discuss interdisciplinary treatment provided by cancer specialists for breast and prostate cancer and its effects on lymphedema patients
- Demonstrate the four “pillars” of lymphedema treatment: Manual lymphatic treatment (MLT), low stretch bandaging, exercise/self-management, and skin care
- Apply hands-on experience working with a minimum of five unique patients in various stages and types of lymphedema and/or venous wound edema
- Develop and implement one hour therapist intensive treatment sessions with outcomes equal to or better than two to three hour therapist intensive treatment sessions
- Evaluate and establish a plan of care (POC) for a patient
- Create a patient self-management, measurement, and precaution program
- Evaluate and individualize treatment programs for sub-acute lower extremity orthopedic edema and lymphedema from venous insufficiency
- Demonstrate introductory taping, MFR, and scar management



## Lymphedema I: Comprehensive Lymphedema and Venous Edema Management

### INSTRUCTOR:

Mike Bond, MS, PT, CLT, DOR has been a physical therapist since 1997. He graduated from University of the Pacific (UOP) and has a background in headache pain management, manual therapy, soft tissue mobilization, myofascial release (MFR), and Kinesio Taping in addition to many years’ experience as a treating lymphedema therapist in a variety of settings. He is currently the director of therapy services for a large home health and hospice agency. In addition to treating patients, he supervises the work of numerous staff that have been trained in various lymphedema certification programs. Having a background as a therapist he has in-depth knowledge of the anatomy and physiology related to numerous disorders and how they can interact with and impact the lymphedema client. He also understands the perspective of many who attend this program due to his experience in a variety of practice settings. He is very active in treating, consulting, and teaching about lymphedema wherever and whenever he finds a place for it. He joined the staff at UW-Milwaukee in November 2012 teaching the Comprehensive Lymphedema and Venous Edema Management course and Lymphedema II: The Next Level and Lymphedema: Module III. He is invested in this education due to both personal and professional reasons.



**PROGRAM NUMBER:** 10488

**CEUs:** 6.2 (Contact Hours: 62 hours)

**PRICE:** \$1435 (before/on 8/11/18)  
 \$1485 (after 8/11/18)

**LEVEL:** Introductory

### REQUIRED COURSE MATERIALS:

Chikly, Bruno. Silent Waves: Theory and practice of lymph drainage therapy: An osteopathic lymphatic technique. 2nd ed. 2005. Participants may either bring their own Silent Waves text or purchase it while registering for \$80.00

**DATE:** Tuesday, September 11 to Sunday, September 16, 2018  
 8:00 a.m. to 7:30 p.m. Tuesday to Saturday; 8:00 a.m. to 12:15 p.m. Sunday

**LOCATION:** Cedar Valley  
 5349 County Road D, West Bend, WI 53090

### CONTENT FOCUS:

Domain of OT:  
 Areas of Occupation

Occupational Therapy Process:  
 Evaluation, Intervention,  
 and scar management

### AUDIENCE:

OTs, OTAs, PTs, PTAs, ATs, RN's, LPN's,  
 MD's, DO's and Massage Therapists

QUESTIONS? CONTACT US