

# Continuing Education for *Healthcare Professionals*



## COURSE DESCRIPTION:

This two-day course will be a comprehensive introduction to the world of Women's Health. Women's Health includes more than just the pelvis, and this course will cover not just issues women are more likely to experience, but also how healthcare providers can address those issues. Pain, incontinence, dysmenorrhea, pregnancy, menopause, and female athlete triad are just some of the issues that will be addressed in this course. Bowel, bladder and sexual health will be addressed in detail, as well as basic assessment and interventions that will be within the scope of practice for participants.

## LEARNING OUTCOMES:

- Describe relevant female anatomy
- Identify common women's health issues that may be impacting their clients
- Describe appropriate interventions for common women's health issues, as well as appropriate referrals when necessary

## CONTENT FOCUS:

**Domain of OT:** Client Factors and Areas of Occupation

**Occupational Therapy Process:** Evaluation, Intervention, and Outcomes

**CEUs:** 1.4 (Contact Hours: 14 hours)

**PRICE:** \$525 (before/on 11/15) / \$575 (after 11/15)

**PROGRAM NUMBER:** 10120

**LEVEL:** Introductory

## AUDIENCE:

PTs, OTs, PTAs, OTAs, ATs



## Women's Health for the Non-Pelvic Health Therapist

### INSTRUCTOR:

Sarah J. Haag, PT, DPT, WCS, Cert. MDT, RYT, graduated from Marquette University in 2002 with a Master's of Physical Therapy. Sarah has pursued an interest in treating the spine, pelvis with a specialization in women's and men's health. Over the past 10 years, Sarah has seized every opportunity available to her in order to further her understanding of the human body, and the various ways it can seem to fall apart in order to sympathetically and efficiently facilitate a return to optimal function. Sarah was awarded the Certificate of Achievement in Pelvic Physical Therapy (CAPP) from the Section on Women's Health. She went on to get her Doctorate of Physical Therapy and Masters of Science in Women's Health from Rosalind Franklin University in 2008. In 2009 she was awarded a Board Certification as a specialist in women's health (WCS). Sarah also completed a Certification in Mechanical Diagnosis Therapy from the McKenzie Institute in 2010. Sarah has completed a 200 hour Yoga Instructor Training Program, and is now a Registered Yoga Instructor. Sarah plans to integrate yoga into her rehabilitation programs, as well as teach small, personalized classes.



**DATE:** Friday, December 15 to Saturday, December 16, 2017

8:00 a.m. to 4:30 p.m. Friday and 8:00 a.m. to 4:30 p.m. Saturday

**LOCATION:** UW-Milwaukee Continuing Education Plankinton Building, 7th Floor  
 161 West Wisconsin Avenue, Milwaukee, WI 53203

## QUESTIONS? CONTACT US