

# Continuing Education for *Healthcare Professionals*



## COURSE DESCRIPTION:

This course combines Kinesio taping day 1, day 2 and day 3 coursework and features lab sessions to practice KTM applications. It covers advanced techniques of the KTM and is tailored to specific conditions, professions, or applications by the instructor for participants. Upon Completion of this course, the student will be able to apply advanced Kinesio Taping Techniques to Upper Extremity Sports and Orthopedic conditions, progressing from acute to chronic:

- Joint instability
- Repetitive Strain injuries
- Fractures
- Tendinitis
- Nerve injury
- Sprain/Strain
- Posture

The student will be able to apply advanced techniques and concepts to other orthopedic or sports diagnoses.

## LEARNING OUTCOMES:

- Identify the basic concepts of the Kinesio taping method
- Explain and apply advanced concepts of the Kinesio taping method
- Demonstrate application skills in guided laboratory sessions
- Apply advanced clinical taping techniques for treatment of Upper Extremity conditions
- Identify various Kinesio taping methods to treat sprains, joint instability, and nerve compression in the Upper Extremity
- Apply advanced Kinesio Taping Techniques to Upper Extremity to treat acute to chronic Sports and Orthopedic conditions

## CONTENT FOCUS:

**Domain of OT:** Performance Skills

**Occupational Therapy Process:**

Evaluation, Intervention, and Outcomes



## Kinesio Taping Specialty Concepts Hand Therapy

### INSTRUCTOR:

Randall Alford, OTR/L, CHT, CKTI, is a graduate of Texas Woman's University and has been practicing since 1994. He has been a Kinesio taping instructor since 2003 and has taught courses nationally. He presently works in a private practice in Baton Rouge, LA as the Director of Hand Therapy for the Physical Therapy and Hand Center, where he primarily treats orthopaedic and sports injuries of the upper extremity. He taught Sensory-Motor class in the Fall of 2001 at the LSU Health Sciences Center in New Orleans, and has presented lectures on hand and upper extremity management at LSU Athletic Training Department in Baton Rouge, LA. He has been a certified hand therapist since 2000, and has developed and taught many orthopaedic and splinting classes of the upper extremity.



**DATE:** Saturday, December 2, 2017

8:00 a.m. to 5:00 p.m.

**PROGRAM NUMBER:** 10116 **CEUs:** 0.8 (Contact Hours: 8 hours)

**PRICE:** \$299 (before/on 11/2) / \$399 (after 11/2) **LEVEL:** Advanced

### AUDIENCE:

PTs, OTs, OTAs, PTAs, ATs, Physicians, Chiropractors, Licensed Acupuncturists, Licensed Massage Therapists, and other allied health professionals

**LOCATION:** UW-Milwaukee Continuing Education Plankinton Building, 7th Floor  
 161 West Wisconsin Avenue, Milwaukee, WI 53203

## QUESTIONS? CONTACT US