Integrating Yoga into Rehabilitation of Upper Quarter Dysfunction

INSTRUCTOR:
Katy O’Leary, MPT, RYT, earned her Master of Physical Therapy degree at the University of Wisconsin-Madison. She is currently a practicing physical therapist in sports medicine at the University of Wisconsin Hospital Sports Rehabilitation Clinics in Madison. In addition, Katy is a 200-hour level Registered Yoga Teacher through the Yoga Alliance national organization. She completed her yoga teacher training in Alignment Yoga with a strong focus on therapeutic yoga techniques. She has been practicing yoga for over 15 years and has been teaching group classes and private therapeutic yoga lessons in the Madison area for 8 years. Katy incorporates yoga into rehabilitation as a holistic way to move towards improved function, and looks forward to the opportunity to share these successful techniques with you.

DATE: Thursday, October 5, 2017
8:00 a.m. to 4:00 p.m.

PROGRAM NUMBER: 10121

CONTENT FOCUS:
Domain of OT: Client Factors
Occupational Therapy Process: Evaluation, Intervention, and Outcomes

CEUs: 0.65 (Contact Hours: 6.5 hours)  LEVEL: Intermediate
PRICE: $205 (before/on 9/5) / $255 (after 9/5)
LOCATION: UW-Milwaukee Continuing Education Plankinton Building, 7th Floor 161 West Wisconsin Avenue, Milwaukee, WI 53203

Questions? Contact us
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