

Continuing Education for *Healthcare Professionals*



COURSE DESCRIPTION:

This workshop will provide therapists with a thorough understanding of several specific upper extremity disorders often referred to collectively as cumulative trauma disorders. This workshop will explain the individual conditions in detail, cover assessment (including differential diagnosis), and provide step by step conservative management techniques (self-management, orthosis selection, exercise programs, modalities, kinesio taping, etc.). Surgical interventions will also be reviewed. Emphasis throughout the course will be on evidence-based evaluation and treatment techniques, with a review and citation of current literature.

LEARNING OUTCOMES:

- Describe the pathophysiology of each of the covered conditions
- Differentiate among various upper extremity soft tissue disorders when a patient presents with "hand/wrist/elbow pain" including the use of likelihood ratios.
- Teach patients self-management techniques for each of these conditions.
- Develop effective treatment plans and home programs for these conditions.

CONTENT FOCUS:

Domain of OT: Areas of Occupation

Occupational Therapy Process:
 Evaluation & Intervention

CEUs: 0.7 (Contact Hours: 7 hours)

PRICE: \$255 (before/on 10/11) / \$295 (after 10/11)

PROGRAM NUMBER: 10112

LEVEL: Intermediate

AUDIENCE:

OTs, PTs, OTAs, PTAs, and ATs



Cumulative Trauma: Evidence-Based Evaluation and Treatment of Upper Extremity

INSTRUCTOR:

Michael Borst is an associate professor of Occupational Therapy at Concordia University Wisconsin. Previously he was the Clinical Specialist in hand therapy at Meriter Hospital in Madison, WI, where he has worked in clinical care for over 20 years. He earned his bachelor's degree in Psychology at Calvin College in Grand Rapids, MI, his master's degree in Occupational Therapy at Western Michigan University in Kalamazoo, and his post-professional OTD at Rocky Mountain University of Health Professions. Mike has taught continuing education courses in hand therapy and physical agents throughout Wisconsin and at the AOTA and ASHT national conferences



DATE: Saturday, November 11, 2017

8:00 a.m. to 4:30 p.m.

LOCATION: UW-Milwaukee Continuing Education Plankinton Building, 7th Floor
 161 West Wisconsin Avenue, Milwaukee, WI 53203

QUESTIONS? CONTACT US

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