B.S. Kinesiology: Health Promotion · Sample 4-Year Plan

<table>
<thead>
<tr>
<th>Fall</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>BIO SCI 202: Anatomy &amp; Physiology I</td>
<td>4</td>
</tr>
<tr>
<td>KIN 200: Introduction to Kinesiology</td>
<td>3</td>
</tr>
<tr>
<td>PSYCH 101: Introduction to Psychology</td>
<td>3</td>
</tr>
<tr>
<td>ENGLISH 102: College Writing / Research</td>
<td>3</td>
</tr>
<tr>
<td>MATH 105: Intermediate Algebra</td>
<td>3</td>
</tr>
<tr>
<td><strong>Total</strong></td>
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<table>
<thead>
<tr>
<th>Spring</th>
<th>Credits</th>
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<tbody>
<tr>
<td>BIO SCI 203: Anatomy &amp; Physiology II</td>
<td>4</td>
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<tr>
<td>COMMUN 103: Public Speaking</td>
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<td>GER-Humanities</td>
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<tr>
<td>Elective course(s)</td>
<td>3</td>
</tr>
<tr>
<td>Sport &amp; Rec 110-192</td>
<td>1</td>
</tr>
<tr>
<td><strong>Total</strong></td>
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<table>
<thead>
<tr>
<th>Fall</th>
<th>Credits</th>
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</thead>
<tbody>
<tr>
<td>CHEM 100: Chemical Science</td>
<td>4</td>
</tr>
<tr>
<td>KIN 270: Statistics in Health Professions</td>
<td>3</td>
</tr>
<tr>
<td>SOCIOL 101: Introduction to Sociology</td>
<td>3</td>
</tr>
<tr>
<td>GER-Arts</td>
<td>3</td>
</tr>
<tr>
<td>Sport &amp; Rec 292-298</td>
<td>1</td>
</tr>
<tr>
<td>Elective course(s)</td>
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<tr>
<td><strong>Total</strong></td>
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<table>
<thead>
<tr>
<th>Spring</th>
<th>Credits</th>
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<tbody>
<tr>
<td>PHYSICS 120: General Physics I</td>
<td>4</td>
</tr>
<tr>
<td>ENGLISH 207: Health Science Writing</td>
<td>3</td>
</tr>
<tr>
<td>KIN 351: Soc. Aspects of Health/Mvmnt.</td>
<td>3</td>
</tr>
<tr>
<td>GER-Cultural Diversity</td>
<td>3</td>
</tr>
<tr>
<td>Elective course(s)</td>
<td>3</td>
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<tr>
<td><strong>Total</strong></td>
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<table>
<thead>
<tr>
<th>Fall</th>
<th>Credits</th>
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</thead>
<tbody>
<tr>
<td>KIN 300: Prof. Preparation Seminar</td>
<td>1</td>
</tr>
<tr>
<td>KIN 301: Field Experience I</td>
<td>1</td>
</tr>
<tr>
<td>KIN 325: Anatomical Kinesiology</td>
<td>3</td>
</tr>
<tr>
<td>KIN 330: Exercise Physiology</td>
<td>4</td>
</tr>
<tr>
<td>KIN 350: Psych Aspects of Sport/Exercise</td>
<td>3</td>
</tr>
<tr>
<td>NUTR 235: Nutrition for Health Profs.</td>
<td>3</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>15</strong></td>
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<table>
<thead>
<tr>
<th>Spring</th>
<th>Credits</th>
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</thead>
<tbody>
<tr>
<td>KIN 302: Field Experience II</td>
<td>2</td>
</tr>
<tr>
<td>KIN 336: Principles of Strength Training</td>
<td>3</td>
</tr>
<tr>
<td>KIN 361: Principles of Motor Learning</td>
<td>3</td>
</tr>
<tr>
<td>KIN 400: Ethics &amp; Values</td>
<td>3</td>
</tr>
<tr>
<td>KIN 481: Program Development &amp; Eval.</td>
<td>3</td>
</tr>
<tr>
<td>Elective course(s)</td>
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<tr>
<td><strong>Total</strong></td>
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<table>
<thead>
<tr>
<th>Fall</th>
<th>Credits</th>
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<tbody>
<tr>
<td>KIN 303: Field Experience III</td>
<td>3</td>
</tr>
<tr>
<td>KIN 320: Biomechanics</td>
<td>3</td>
</tr>
<tr>
<td>KIN 360: Motor Development</td>
<td>3</td>
</tr>
<tr>
<td>KIN 430: Exercise Testing</td>
<td>3</td>
</tr>
<tr>
<td>KIN 480: Org. &amp; Adm. in Fitness Industry</td>
<td>3</td>
</tr>
<tr>
<td><strong>Total</strong></td>
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<table>
<thead>
<tr>
<th>Spring</th>
<th>Credits</th>
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<tbody>
<tr>
<td>KIN 489: Internship &amp; Seminar</td>
<td>12</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>12</strong></td>
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</tbody>
</table>

This plan assumes the student will 1) satisfy the foreign language requirement with high school credits, and 2) place into Math 105 and English 102.

This plan does not include the prerequisites for admission to a doctoral program in physical therapy. See page 3 for such a plan.
## B.S. Kinesiology: Exercise Science · Sample 4-Year Plan

<table>
<thead>
<tr>
<th>Fall Credits</th>
<th>Spring Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>BIO SCI 202: Anatomy &amp; Physiology I 4</td>
<td>BIO SCI 203: Anatomy &amp; Physiology II 4</td>
</tr>
<tr>
<td>KIN 200: Introduction to Kinesiology 3</td>
<td>COMMUN 103: Public Speaking 3</td>
</tr>
<tr>
<td>PSYCH 101: Introduction to Psychology 3</td>
<td>GER-Humanities 3</td>
</tr>
<tr>
<td>ENGLISH 102: College Writing / Research 3</td>
<td>Sport &amp; Rec 110-192 1</td>
</tr>
<tr>
<td>MATH 105: Intermediate Algebra 3</td>
<td>Elective course(s) 3</td>
</tr>
<tr>
<td><strong>Total 16</strong></td>
<td><strong>Total 14</strong></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Fall Credits</th>
<th>Spring Apply to major in February. Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>CHEM 100: Chemical Science 4</td>
<td>PHYSICS 120: General Physics I 4</td>
</tr>
<tr>
<td>KIN 270: Statistics in Health Professions 3</td>
<td>ENGLISH 207: Health Science Writing 3</td>
</tr>
<tr>
<td>SOCIOL 101: Introduction to Sociology 3</td>
<td>GER-Cultural Diversity 3</td>
</tr>
<tr>
<td>GER-Arts 3</td>
<td>Elective course(s) 3</td>
</tr>
<tr>
<td>Sport &amp; Rec 292-298 1</td>
<td>Elective course(s) 3</td>
</tr>
<tr>
<td><strong>Total 14</strong></td>
<td><strong>Total 16</strong></td>
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<table>
<thead>
<tr>
<th>Fall Credits</th>
<th>Spring Graduate. Credits</th>
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</thead>
<tbody>
<tr>
<td>KIN 300: Prof. Preparation Seminar 1</td>
<td>KIN 351: Soc. Aspects of Health/Mvmnt. 3</td>
</tr>
<tr>
<td>KIN 320: Biomechanics 3</td>
<td>KIN 361: Principles of Motor Learning 3</td>
</tr>
<tr>
<td>KIN 350: Psych Aspects of Sport/Exercise 3</td>
<td>Correlate course 3</td>
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<tr>
<td>NUTR 235: Nutrition for Health Prof. 3</td>
<td>Correlate course 3</td>
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<tr>
<td>Elective course(s) 3</td>
<td>Elective course(s) 3</td>
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<tr>
<td>Elective course(s) 3</td>
<td><strong>Total 15</strong></td>
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</tr>
</tbody>
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This plan assumes the student will 1) satisfy the foreign language requirement with high school credits, and 2) place into Math 105 and English 102.

This plan does not include the prerequisites for admission to a doctoral program in physical therapy. See page 3 for such a plan.
### Pre-Physical Therapy

<table>
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<th>Spring</th>
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<tr>
<td>BIO SCI 202: Anatomy &amp; Physiology I</td>
<td>4</td>
<td>BIO SCI 203: Anatomy &amp; Physiology II</td>
<td>4</td>
</tr>
<tr>
<td>KIN 200: Introduction to Kinesiology</td>
<td>3</td>
<td>CHEM 100: Chemical Science</td>
<td>4</td>
</tr>
<tr>
<td>PSYCH 101: Introduction to Psychology</td>
<td>3</td>
<td>COMMUN 103: Public Speaking</td>
<td>3</td>
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<tr>
<td>MATH 105: Intermediate Algebra</td>
<td>3</td>
<td>GER-Humanities</td>
<td>3</td>
</tr>
<tr>
<td>ENGLISH 102: College Writing / Research</td>
<td>3</td>
<td>Sport &amp; Rec 110-192</td>
<td>1</td>
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<tr>
<td><strong>Total</strong></td>
<td>16</td>
<td><strong>Total</strong></td>
<td>15</td>
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</tbody>
</table>

**Fall** Apply to major in September.

<table>
<thead>
<tr>
<th>Fall</th>
<th>Credits</th>
<th>Spring</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>PHYSICS 120: General Physics I</td>
<td>4</td>
<td>PHYSICS 122: General Physics II</td>
<td>4</td>
</tr>
<tr>
<td>PHYSICS 121: General Physics Lab I</td>
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<td>PHYSICS 123: General Physics Lab II</td>
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<tr>
<td>KIN 270: Statistics in Health Professions</td>
<td>3</td>
<td>BIO SCI 150: Foundations of Bio Sci I</td>
<td>4</td>
</tr>
<tr>
<td>SOCIOL 101: Introduction to Sociology</td>
<td>3</td>
<td>GER-Cultural Diversity</td>
<td>3</td>
</tr>
<tr>
<td>ENGLISH 207: Health Science Writing</td>
<td>3</td>
<td>GER-Arts</td>
<td>3</td>
</tr>
<tr>
<td>Sport &amp; Rec 292-298</td>
<td>1</td>
<td>Elective course(s)</td>
<td>1</td>
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<tr>
<td><strong>Total</strong></td>
<td>15</td>
<td><strong>Total</strong></td>
<td>16</td>
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</table>

**Fall** Begin PT observation hours.

<table>
<thead>
<tr>
<th>Fall</th>
<th>Credits</th>
<th>Spring</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>CHEM 102: General Chemistry</td>
<td>5</td>
<td>CHEM 104: Gen. Chem &amp; Qual. Analysis</td>
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</tr>
<tr>
<td>BIO SCI 152: Foundations of Bio Sci II</td>
<td>4</td>
<td>KIN 320: Biomechanics</td>
<td>3</td>
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<tr>
<td>KIN 300: Prof. Preparation Seminar</td>
<td>1</td>
<td>KIN 350: Psych Aspects of Sport/Exercise</td>
<td>3</td>
</tr>
<tr>
<td>NUTR 235: Nutrition for Health Prof.</td>
<td>3</td>
<td>KIN 351: Soc. Aspects of Health/Mvmnt.</td>
<td>3</td>
</tr>
<tr>
<td><strong>Total</strong></td>
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<td><strong>Total</strong></td>
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**Fall** Apply to DPT programs.

<table>
<thead>
<tr>
<th>Fall</th>
<th>Credits</th>
<th>Spring</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>KIN 330: Exercise Physiology</td>
<td>4</td>
<td>KIN 361: Principles of Motor Learning</td>
<td>3</td>
</tr>
<tr>
<td>KIN 360: Motor Development</td>
<td>3</td>
<td>KIN 400: Ethics &amp; Values</td>
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</tr>
<tr>
<td>Correlate (KIN 300+ level)</td>
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<td>Correlate (KIN 500+ level)</td>
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<td>Correlate course</td>
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<td>15</td>
</tr>
</tbody>
</table>

This plan assumes the student will 1) satisfy the foreign language requirement with high school credits, and 2) place into Math 105 and English 102.

This plan includes the prerequisites for admission to UWM's Doctorate of Physical Therapy (DPT) program. Admission requirements may vary among other programs.