

UNIVERSITY OF WISCONSIN-MILWAUKEE

Department of Kinesiology
Program in Physical Therapy

KIN 882: PT Clinical Internship III

8 credits

Day/Time: Students will be placed in clinical facilities for a 12 week period. Contact hours will be 40 hours/week for a total of 480 contact hours. Students are expected to follow the hours of their clinical instructor.

Instructor: Ann Dietrich MS, PT

- Office: Pavilion, 363
- Office Phone: 229-2822
- HMS Pavilion Program Assistant Phone: 229-3360
- Email: dietrica@uwm.edu
- Office Hours: Will be arranged individually to meet student and Clinical Instructor needs

Location: Students will be assigned to a clinical site by the course instructor of record.

D2L web page link: to be announced

Course Prerequisites: Student must have completed all prior PT program course work and be in good standing in the DPT program or receive consent of instructor.

Course Description: The student will be assigned to a clinically based learning experience where he/she will be allowed to practice skill acquisition real time. Consistent with the services that may be provided in a variety of settings, students may be expected to provide home care, extended care facility coverage, skilled nursing coverage, acute care, outpatient orthopedic coverage, inpatient care, specialty care or pediatric care under the mentoring and guidance of a Physical Therapy Clinical Instructor (CI).

This course presents a model of clinical practice that integrates evidence based practice skills with a research component (CAT review) in the practice environment.

Course Objectives: Upon completion of HMS 882 students will:

1. Obtain entry-level status on performance criteria assessed in the Clinical Performance Instrument.
2. Perform at entry-level status on all of the behavioral criteria described in the *PT-specific Generic Abilities Assessment Tool*.
3. Render clinical decisions that are: effective, efficient, safe, culturally competent, and evidence-based. (CC 5.9, CC 5.19-20, CC 5.23)
4. Utilize information from multiple data sources to make clinical decisions in varied practice settings. (CC-5.20)
5. Demonstrate entry-level competence regarding physical therapy management model for patients with musculoskeletal, neuromuscular, cardiopulmonary and/or integument problems.
6. Demonstrate value in self-assessment of clinical performance by seeking feedback from other students, clinical staff and patients.
7. Assume responsibility for individual professional development by demonstrating initiative within the clinical learning environment.
8. Work effectively as a member of an interdisciplinary team.
9. Adhere to ethical and legal standards.
10. Adhere to facility policy and procedures.
11. Present cogent and concise rationale for clinical decisions made in varied practice

- settings. (CC-5.19)
12. Evaluate the ethical questions raised by a specific case. (CC-5.30)

Instructional Methods: Students will learn by exposure to direct patient care with mentoring and direction provided by the Clinical Instructor. Additionally, students will engage in reflective journaling, written assignments, and a Critical Analyzed Topic (CAT).

Course Content:

Due to the variety of clinical experiences it is understood that not all of the following course content may be covered in every Internship. Specific content will be determined by the Clinical Instructor.

With regard to course content, it is expected that all students will be provided with opportunities to practice evaluation/exam techniques listed in I. a – e and treatment techniques listed in II.a and b below during each clinical experience. Evaluation/exam techniques listed in I. f – k and treatment techniques listed in II. c - e below may not be available during all clinical experiences.

Clinical Practice Course Content

- I. Evaluation/Exam Techniques
 - a. Medical History
 - b. System Screen
 - c. Range of Motion
 - d. Manual Muscle Testing
 - e. Palpation
 - f. Balance Assessment
 - g. Coordination Assessment
 - h. Sensory Testing
 - i. Gait Assessment
 - j. Posture Assessment
 - k. Developmental assessment or screen
- II. Treatment Techniques
 - a. Physical Agents
 - b. Therapeutic Exercise
 - c. Neurological Intervention, if appropriate
 - d. Pediatric treatment
 - e. Wound care/Integument, if available
- III. Documentation/Paperwork
 - a. Initial Evaluation Report
 - b. Development of Plan of Care
 - c. Daily Progress Notes
 - d. Monthly Progress Notes
 - e. Home program/instructions
- IV. Administrative Duties
 - a. Defensible documentation
 - b. Public funding regulations
 - c. Billing
- V. Interdisciplinary aspects of Healthcare
- VI. Professional Behavior
 - a. Professional behavior and appearance
 - b. Self assessment of performance
 - c. Modification of behavior if necessary

It is understood that students may not be independent in all of the above activities at the initiation of the clinical experience, with the exception of interdisciplinary aspects of healthcare and Professional Behavior. Students may require the ongoing guidance and supervision of the Clinical Instructor in order to complete these tasks listed in I – IV. It should be noted, however, that all students are expected to perform at 'entry level' by the end of the course and are

expected to perform at entry level on all Professional Behaviors at all times during the course, from the initiation to the conclusion.

Critically Analyzed Topic (CAT) content:

Student will be responsible for completing revisions to his/her CAT according to the peer feedback received in HMS 881. Each student will address each suggested revision, but is not required to incorporate each into his/her updated CAT. For example the student may justify why he/she does not feel that the suggestion merits incorporation into his/her revisions. Further instructions are posted on the D2L website.

Course Evaluation:

The clinical practice component of the course will be graded using the Clinical Performance Instrument (CPI), the Professional Behaviors self-assessment, Reflective Journaling and CAT revisions.

Grades are formulated based upon the following components.

<u>Clinical Practice Component</u>	<u>Points Available</u>
Clinical Performance Instrument	65 points
Professional Behaviors	5 points
Reflective Journal	5 points
PT Student Evaluation Form:	
Clinical Instruction and Clinical Experience	5 points
	TOTAL 80 points

<u>Research component</u>	<u>Points Available</u>
Revised CAT and reflection	20 points

To Pass HMS 882 students MUST:

- Be rated “entry” level by their clinical instructor on each of the indicators #1-4 on the CPI, **AND**
- Earn a minimum of 80% of the total points for indicators #5 – 18.
- Earn a minimum grade of C or better on the Critically Analyzed Topic Peer Review.
- Submit all the course assignments listed above, including: completed and signed Clinical Performance Instrument, completed Professional Behaviors self-assessment, Reflective Journal entries, completed PT Student Evaluation Form: Clinical Experience and Clinical Instruction and Revised CAT with written reflection within 24 hours of course completion.
- Demonstrate behavior that is within ethical and legal parameters at all times during this clinical experience.

Notes to the Grading of the Clinical Performance Instrument (CPI):

- CPI indicators #1 –4: In order to pass this course the student must perform at “entry” level on each of these CPI indicators. Failure to receive an “entry” level rating on each of indicators #1 –4 may result in a failing grade in the course.
- CPI Indicators #5 – 18 are graded as follows: students are awarded 65 points at the initiation of the clinical experience. 3 points are deducted for each CPI indicator, #5 – 18, for which the student has attempted but has not attained “entry” level performance. Indicators not attempted due to limited opportunity at the clinical facility MUST be noted by the clinical instructor as “not observed”, or 3 points will be deducted for that indicator.
- DCE cannot access the completed CPI unless both the student and CI have ‘signed off’ on it. Student will not receive a grade in this course if the CI and student have not ‘signed off’ on the CPI so each student should make certain that both he/she and the CI have signed off.

Notes to the Grading of the Professional Behaviors: Students are awarded 5 points if Professional Behaviors self assessment is completed fully including:

- Completion of professional development plan to be utilized during the course. This will include initial goals/objectives related to professional behaviors. Student must note his/her objectives for the course within the first two weeks of the course and then self-assess on these objectives at the midterm and final self-assessment
- rating self on each behavioral criterion.
- providing specific examples of behaviors that demonstrate performance; strengths and limitations pertaining to each behavioral criterion.
- completion of a professional development plan. (last page of Professional Behaviors)
- achievement of "entry" level on each behavioral criterion.
- Assessment of him/herself on achievement of goals established on the previous professional development plan

One point is deducted:

- for each criterion for which the student has not rated him/herself.
- for each criterion for which the student has not listed examples of behaviors that demonstrate strengths and limitations.
- for each behavioral criterion in which the student is not functioning at entry level,
- if no professional development plan is formulated.
- If student has not assessed his/her achievement of goals in previous professional development plan.

Note: Student is required to provide his/her Professional Behaviors Self Assessment to the CI for review. In lieu of the required CI signature, the CI may email the DCE indicating that he/she has reviewed the form. In this case, the student may submit the form electronically without the CI signature.

Notes to the Grading of the Reflective Journal: Reflective Journal will be completed in SOAP note and online format during this course. All SOAP notes are due in the D2L drop box by 12:00 noon on the Monday of the following week and online reflections are due by noon on Monday of the following week. Students are awarded 5 points if the reflective journal is completed and turned into the Director of Clinical Education (DCE) weekly by the deadline noted above, includes a minimum of 12 journal entries in total and includes a complete summary of the week's activities and self assessment of the student's performance. Students are instructed to avoid the use of protected health information such as patient names in the weekly reflections in order to maintain patient privacy.

Zero points are awarded if the reflective journal is not completed, not turned in each week by the deadline, or if the student does not provide a summary of the week's activities and self assessment of his/her performance.

Notes to the Grading of the Physical Therapist Student Evaluation: Each student is required to complete the "Physical Therapist Student Evaluation: Clinical Experience and Clinical Instruction" form; in its entirety, review the form with the clinical instructor in a 'face to face' meeting at the time of 'midterm' and at the conclusion of the clinical; obtain clinical instructor's signature on the form, and return the form to the DCE within 24 hours of course completion. If the completed form, including the CI's signature, is not returned to the DCE within 24 hours of the completion of the clinical zero points are awarded.

In lieu of the CI signature on the form, the CI may complete the "CI verification form" and email this form to the DCE indicating that the student has reviewed the form with him/her (in person; not via email exchange). In this case the completed "CI verification form" email will suffice for the CI signature allowing the student to submit the form without the CI signature. The student evaluation form must be completed in its entirety including all demographic data and CI name(s) and the 'CI verification form' must be submitted in order for student to receive the points associated with this assignment.

Notes to Grading the Critically Analyzed Topic (CAT) Revisions:

- a. Each student will be responsible for completing a revision of his/her CAT, following receipt of the peer feedback in HMS 881 as well as completion of a reflection on the CAT review process submitted within 24 hours of course completion.
- b. Grading of this CAT revised copy and reflection will be completed according to the instructions and grading rubric posted on D2L at the initiation of the semester
- c. If a student has previously been granted permission to continue with a research project in HMS 880/881, the student and mentor are responsible for providing information to the course instructor regarding progress and plans for the research project. The expected outcome of the research project during this course is submission for publication.

Additional Notes regarding course grade:

- Course Instructor will assign final course grade based upon the scores attained on the CPI, verbal and written feedback provided by the CI and student, information gathered at the time of a site visit, and any other pertinent information presented to the course instructor. All assigned work that is due at the conclusion of the course must be turned in within 48 hours of the completion of the clinical unless otherwise noted in course syllabus.
- Attendance in the clinical setting is crucial for student learning. Therefore, failure to attend daily (absences are only allowed or illness, family emergency or religious observance) or arrive timely on a daily basis may result in a failing grade in this course.
- All students are required to submit the self-assessment, learning style inventories, individual learning plan and introductory letter to the CI and CCCE prior to initiation of the course. Failure to do so may result in failing grade for the course.
- All students are required to complete The Student Physical Therapist Evaluation: Clinical Site and Clinical Instructor form review it with their CI and submit this form to the DCE at the completion of the course.
- Use of cell phones during the clinical 'work day' is allowed only during lunch. Use of the cell phone during other times may result in a failing grade for this course.
- If student wishes to utilize a smart phone for activities related to patient care, he/she must notify the course instructor as well as seek permission from CI or CCCE prior to smart phone use.
- Patient Privacy is of utmost importance. Any violation of HIPAA regulations by student, at any time during this course, may result in a failing grade in the course.
- Student absences from the clinical site are NOT excused for any reason other than illness, family emergency or religious observation. Time away from the clinical site for ANY reason other than those reasons noted above may result in a failing grade in this course at the discretion of the course instructor. From time to time, a CI, CCCE or DCE may determine that a student's attendance at a professional conference is of value to the student in the clinical setting. In this case the student must discuss the potential absence and conference attendance with the DCE who will determine if the conference justifies absence from the clinical setting. (NOTE: Absence for the purpose of completing a job interview is NOT excused and will result in a failing grade in the course.)
- Notification of the DCE is required for ALL absences; both anticipated and unexpected absences. Student must notify the DCE at the time of any unanticipated absence and prior to a planned absence. Lack of notification of the DCE within these guidelines may result in a failing grade for the course. Students should notify the DCE via phone (414-229-2822) or via email: dietrica@uwm.edu CI's are not authorized to provide permission for student to be absent from the clinical site.

- All students are required to provide the full contact information for their CI(s) including email and mailing addresses by the end of the first week of the course. This ensures that all CI information is entered into the CPI website in a timely manner and that CEU certificates are mailed to CI/CCCE's in a timely manner at the conclusion of the course.

Grading: Grades will be earned based on the following scale:

100-93% A	86-83% B	76-73% C	66-63% D
92-90% A-	82-80% B-	72-70% C-	62-60% D-
89 – 87% B+	79-77% C+	69-67% D+	less than 60% F

Any modifications to this scale will be at the discretion of the instructor.

References, readings and other supports:

- A. Required texts/readings:
- a. Guide to Physical Therapist Practice, 2nd edition American Physical Therapy Association (2001) ISBN #: 1-887759-85-9
 - b. Web based Physical Therapy Clinical Performance Instrument:
https://cpi2.amsapps.com/user_session/new
 - c. Generic Abilities Self Assessment will be posted on D2L prior to the beginning of the clinical experience.
- B. Recommended texts/reading:
- a. Portney L. and Watkins C. (2004). *Foundations of Clinical Research: Applications to Practice*, 3rd edition. Upper Saddle River: Prentice Hall Editors.
 - b. Jewell D. (2008). *Guide to Evidence-Based Physical Therapy Practice*. Sudbury, MA: Jones and Bartlett Publisher
 - c. It is also recommended that students have the required text books from previous course work in the PT program available during the clinical experience. In addition, the student may find the following books useful during this course:
 - 1) Tabors Cyclopedia Medical Dictionary.
 - 2) The Merck Manual 18th Edition; Beers, M.H.
 - 3) Physician's Desk Reference or electronic equivalent.

Course, Department and Program Policies:

1. Course Attendance: Students are expected to be in attendance during usual clinic hours (at least 40 hours/week). If a student will not be in attendance at the clinical site due to illness, family emergency or religious observance, s/he must notify the CI and DCE prior to ANY planned absence or at the time of any unanticipated absence. No other form of absence will be excused and may result in a failing grade in the course. Should a student be absent from the clinical site due to illness, family emergency or religious observance, arrangements to make up for time off should be made between the CI and the student, with intervention by the DCE only as needed. It is the responsibility of the student to report all absences to the DCE as noted above. Students are expected to be at the clinical site, ready to work promptly at the beginning of the work shift. Four or more late arrivals at the clinical site may result in a failing grade in the course.
2. Late Work: The instructor does not accept late work.
3. Religious Observance: Students may miss class without penalty for religious observance with advance notification to the DCE and CI. Note: Religious observance is defined as an

occasion wherein the student's religious beliefs would prohibit him/her from participating in work activities on a given day(s).

4. Professional Attire: Students must follow the dress code of the facility at all times. It is the student's responsibility to find out the dress code at the facility to which you are assigned. Additionally, student should appear neat and clean with hair controlled and a suitable length, nails trimmed and short with jewelry kept to a minimum. Name pins must be worn at all times. Full details of the UWM PT Program's dress code are available in the Clinical Education Manual for Students.
5. Special Accommodations: Individuals with disabilities and/or health conditions that may affect full participation in this course must contact the instructor to receive accommodations. This information is confidential; however, requests for accommodation will be shared with the clinical site.
6. Academic misconduct: Academic misconduct is inconsistent with the ethical practice of physical therapy and is taken very seriously by the D.P.T. program and the University of Wisconsin-Milwaukee. UWM defines misconduct as follows:

"Academic misconduct is an act in which a student seeks to claim credit for the work or efforts of another without authorization or citation, uses unauthorized materials or fabricated data in any academic exercise, forges or falsifies academic documents or records, intentionally impedes or damages the academic work of others, engages in conduct aimed at making false representation of a student's academic performance, or assists other students in any of these acts." (Chapter UWS 14 and the UWM implementation provisions; Faculty Document 1686).

Please see http://www4.uwm.edu/acad_aff/policy/academicmisconduct.cfm for more information on academic misconduct or www.uwm.edu/Dept/SecU/SyllabusLinks.pdf for more information on university policies and procedures.
7. College of Health Sciences (CHS) Honor Code: The Honor Code provides a framework for moral, ethical, and professional behavior for all members of the College of Health Sciences, including students, faculty, and staff. With all members of the College committed to upholding and promoting the tenets of the Honor Code, we will continue to work and learn in a supportive and stimulating environment. Commitment to this Honor Code supports the mission of the College of Health Sciences to prepare future health professionals, and conduct nationally recognized research in the health sciences. Please visit the website <http://www4.uwm.edu/CHS/students/honorcode/honorcode.html> for the detailed Honor Code.
8. Additional Clinical Education Course Requirements
 - Students are responsible for their own transportation and lodging.
 - Students are required to have a comprehensive physical examination prior to beginning their internships.
 - Students are responsible for fees for services rendered should they become ill and require medical attention and are therefore advised to secure health insurance coverage.
 - Students must have evidence of immunization and titers on file with the Physical Therapy Program and available for facility inspection.
 - If clinical site requires, the student will complete a 10 panel drug screen at his/her own expense.
 - Students must have participated in HIPAA training prior to first day of clinical experience and have provided certificate of completion to the DCE.
 - Students must have CPR certification (adult and infant) at the basic life support level to participate in clinical experience.
 - Students are expected to follow all policies and procedures of their assigned facility.
 - All students are required to carry professional liability insurance in addition to the university's statutory obligations.

8. Course Schedule:

Week	Topic	Readings	Assignments
Week 1	Orientation to clinical site Complete HIPPA and infectious control education, if required. Begin experiential learning in the clinical setting.	Readings may be assigned by Clinical Instructor or chosen by student to support the clinical experience.	Students are required to complete the Generic Abilities self assessment, CPI self assessment, complete a reflective journal and complete the Physical Therapist Student Evaluation form. These assignments are due within one week of the completion of the clinical experience.
Weeks 2 - 12	For the remaining weeks in the clinical the student will participate in experiential learning including exam/evaluation, treatment, participation with other healthcare professional, and completion of paperwork.		