

UNIVERSITY OF WISCONSIN-MILWAUKEE

Department of Kinesiology
Program in Physical Therapy

KIN 880: PT Clinical Internship I 8 credits

Day/Time: Students will be placed in clinical facilities for a 12 week period. Contact hours will be 40 hours/week for a total of 480 contact hours. Students are expected to follow the hours of their clinical instructor.

Instructor: Ann Dietrich MS, PT

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- Office Phone: 229-2822
- HMS Pavilion Program Assistant Phone: 229-3360
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- Office Hours: Will be arranged individually to meet student and Clinical Instructor needs

Location: Students will be assigned to a clinical site by the course instructor of record.

D2L web page link: to be announced

Course Prerequisites: Student in good standing in the DPT program.

Course Description: The student will be assigned to a clinically based learning experience where he/she will be allowed to practice skill acquisition real time. Consistent with the services that may be provided in a variety of settings, students may be expected to provide home care, extended care facility coverage, skilled nursing coverage, acute care, outpatient orthopedic coverage, inpatient care, specialty care or pediatric care under the mentoring and guidance of a Physical Therapy Clinical Instructor (CI).

This course presents a model of clinical practice that integrates evidence based practice skills with case report experience in the practice environment.

Course Objectives: Upon completion of HMS 880 students will:

1. Obtain entry-level status on performance criteria assessed in the Clinical Performance Instrument.
2. Perform predominantly at entry-level status on all of the behavioral criteria described in the *Professional Behaviors tool*.
3. Render clinical decisions that are: effective, efficient, culturally competent, and evidence-based. (CC 5.9, CC 5.19-20, CC 5.23)
4. Utilize information from multiple data sources to make clinical decisions in varied practice settings. (CC-5.20)
5. Demonstrate entry-level competence regarding physical therapy management model for patients with musculoskeletal, neuromuscular, cardiopulmonary and/or integument problems.
6. Demonstrate value in self-assessment of clinical performance by seeking feedback from other students, clinical staff and patients.
7. Assume responsibility for individual professional development by demonstrating initiative within the clinical learning environment.
8. Work effectively as a member of an interdisciplinary team.
9. Adhere to ethical and legal standards.
10. Adhere to facility policy and procedures.
11. Present cogent and concise rationale for clinical decisions made in varied practice settings. (CC-5.19)

12. Evaluate the ethical questions raised by a specific case. (CC-5.30)

Instructional Methods: Students will learn by exposure to direct patient care with mentoring and direction provided by the Clinical Instructor. Additionally, students will engage in reflective journaling, D2L discussion boards, written assignments, and course project.

Course Content:

Due to the variety of clinical experiences it is understood that not all of the following course content may be covered in every Internship. Specific content will be determined by the Clinical Instructor.

With regard to course evaluation and treatment content, it is expected that all students will be provided with opportunities to practice evaluation/exam techniques listed in I. a – e and treatment techniques listed in II. a and b below during each clinical experience. Evaluation/exam techniques listed in I. f – j and treatment techniques listed in II. c - e below may not be available during all clinical experiences.

Clinical Practice Course Content

- I. Evaluation/Exam Techniques
 - a. Medical History
 - b. System Screen
 - c. Range of Motion
 - d. Manual Muscle Testing
 - e. Palpation
 - f. Balance Assessment
 - g. Coordination Assessment
 - h. Sensory Testing
 - i. Gait Assessment
 - j. Posture Assessment
 - k. Developmental assessment or screen
- II. Treatment Techniques
 - a. Physical Agents
 - b. Therapeutic Exercise
 - c. Neurological Intervention, if appropriate
 - d. Pediatric treatment
 - e. Wound care/Integument, if available
- III. Documentation/Paperwork
 - a. Initial Evaluation Report
 - b. Development of Plan of Care
 - c. Daily Progress Notes
 - d. Monthly Progress Notes
 - e. Home program/instructions
- IV. Administrative Duties
 - a. Defensible documentation
 - b. Public funding regulations
 - c. Billing
- V. Interdisciplinary aspects of Healthcare
- VI. Professional Behavior
 - a. Professional behavior and appearance
 - b. Self assessment of performance
 - c. Modification of behavior if necessary

It is understood that students may not be independent in all of the above activities at the initiation of the course, with the exception of interdisciplinary aspects of healthcare and professional behaviors. Students may require the ongoing guidance and supervision of the Clinical Instructor in order to complete these tasks, however, all students are expected to be entry level in all CPI indicators at the completion of the course.

Course Project Content

1. Critically Analyzed Topic (CAT): Each student will identify a topic upon which to complete a CAT. Completed CAT will be due at the conclusion of the course.
2. If the student is currently involved in a research project with PT program faculty/staff that student, with intent to publish the data within one year, the faculty/staff member and student may request to continue with his/her research in lieu of a CAT.

Course Evaluation:

The clinical practice component of the course will be graded using the Clinical Performance Instrument (CPI), the Professional Behaviors Assessment Tool, Reflective Journaling and Critically Analyzed Topic (CAT).

Grades are formulated based upon the following components.

<u>Clinical Practice Component</u>	<u>Points Available</u>
Clinical Performance Instrument	65 points
Professional Behaviors	10 points
Reflective Journal	5 points
PT Student Evaluation Form:	
Clinical Instruction and Clinical Experience	5 points
	TOTAL 100 points

<u>Clinical Report</u>	<u>Points Available</u>
Critically Analyzed Topic	15 points

To Pass HMS 880 students MUST:

- Be rated “entry” level by their clinical instructor on each of the indicators #1-4; #7 on the CPI, **AND**
- Earn a minimum of 80% of the total points for indicators # 5-6; and #8 – 18.
- Notify the DCE prior to any/all absences from the clinical site.

Notes to the Grading of the Clinical Performance Instrument (CPI):

- CPI indicators #1 – 4 and #7 are graded on a pass/fail basis. In order to pass this course the student must perform at “entry” level on each of the first five CPI indicators. Failure to receive an “entry” level rating on each of indicators #1 – 4; and #7 may result in a failing grade in the course.
- CPI Indicators#5, #6; and 8 – 18 are graded as follows: students are awarded 65 points at the initiation of the clinical experience. 3 points are deducted for each CPI indicator, #5-6; #8 – 18, for which the student has attempted but has not attained “entry” level performance. Indicators not attempted due to limited opportunity at the clinical facility MUST be noted by the clinical instructor as “not observed”, or 3 points will be deducted for that indicator.

Notes to the Grading of the Professional Behaviors: Students are awarded 10 points if Professional Behaviors self assessment is completed fully including:

- rating self on each behavioral criterion.
- providing specific examples of behaviors that demonstrate performance; strengths and limitations pertaining to each behavioral criterion. (note: one example does not provide evidence to support a rating)
- completion of a professional development plan. (last page of Professional Behaviors)
- achievement of “entry” level on each behavioral criterion.

Two points will be deducted:

- for each criterion for which the student has not rated him/herself.
- for each criterion for which the student has not listed examples of behaviors that demonstrate strengths and limitations.
- for each behavioral criterion in which the student is not functioning at entry level,
- if no professional development plan is formulated.

Notes to the Grading of the Reflective Journal: Reflective Journal will be completed in SOAP note format during this course. All SOAP notes are due in the D2L drop box by 12:00 noon on the Monday of the following week. Students are required to provide a copy of the self reflective SOAP note to his/her CI by noon on Monday. Student should work with CI to determine the preferred method of receipt by CI; electronic copy or hard copy. Students are awarded 5 points if all reflective journal SOAP notes are complete, demonstrate self reflection and are turned into the Director of Clinical Education (DCE) weekly by the deadline noted above, this includes a minimum of 12 journal entries in total and includes a complete summary of the week's activities and self assessment of the student's performance.

Zero points are awarded if all reflective journal entries are not submitted by the deadline each week, if the entries do not address self assessment or are not self reflective.

Notes to the Grading of the Physical Therapist Student Evaluation: Each student is required to complete the "Physical Therapist Student Evaluation: Clinical Experience and Clinical Instruction" form, review the form with the clinical instructor, obtain clinical instructor's signature on the form, and return the form to the DCE with the above noted assigned work. If the completed form, including the CI's signature, is not returned to the DCE within one week of the completion of the clinical zero points are awarded. Please note the form must be completed entirely including the CI's demographic information; years of practice, year as a CI etc.

Notes to Grading the Critically Analyzed Topic (CAT): Each student must complete a Critically Analyzed Topic (CAT) following the format utilized in previous PT course work. CAT must be submitted at the conclusion of the course with other course requirements. Review and grading of this element of the clinical education course is not the responsibility of the Clinical Instructor, but rather, is completed by the UWM course instructor.

Note: If student is currently participating in a research project under the guidance of an HMS faculty/staff member and that faculty/staff notifies the course instructor of the intent to publish research related to the project within one year of the initiation of this course, arrangements will be made for the student to receive credit for this portion of the course grade based upon that student's participation in the research project, rather than the completion of a CAT. In this case, the HMS researcher will be required to formulate the course requirements for the student in conjunction with the HMS 880 course instructor.

Additional Notes regarding course grade:

- Course instructor assigns all grades for course based upon the CPI ratings, written and verbal communication with CI, written and verbal communication with student, information obtained during site visit and any other observations by the course instructor.
- All assigned work is due in within 48 hours of the completion of the clinical.
- All students are required to submit the self assessment, learning style inventories and introductory letter to the CI and CCCE prior to initiation of the course. Failure to do so, will result in failing grade for the course.
- All students are required to complete The Student Physical Therapist Evaluation: Clinical Site and Clinical Instructor form, review it with their CI and submit this form to the DCE at the completion of the course.

- Use of cell phones during the clinical 'work day' is allowed only during lunch. Use of the cell phone during other times may result in a failing grade for this course.
- If student wishes to utilize a smart phone for activities related to patient care, he/she must notify the course instructor as well as seek permission from CI or CCCE prior to smart phone use.
- Student absences from the clinical site without notification of the DCE may result in a failing grade for the course.
- Patient Privacy is of utmost importance. Any violation of HIPAA regulations by student, at any time during this course, will result in a failing grade in the course.

Note: Course Instructor will assign final course grade based upon the scores attained on the CPI, verbal and written feedback provided by the CI and student, information gathered at the time of a site visit, and any other pertinent information presented to the course instructor.

Grading: Grades will be earned based on the following scale:

100-93% A	86-83% B	76-73% C	66-63% D
92-90% A-	82-80% B-	72-70% C-	62-60% D-
89 – 87% B+	79-77% C+	69-67% D+	less than 60% F

Any modifications to this scale will be at the discretion of the instructor.

References, readings and other supports:

A. Required texts/readings:

Required Texts:

Guide to Physical Therapist Practice, 2nd edition
 American Physical Therapy Association (2001)
 ISBN #: 1-887759-85-9

Web based Physical Therapy Clinical Performance Instrument, American Physical Therapy Association, ISBN: 1-887759-13

Professional Behaviors Self Assessment will be posted on D2L prior to the beginning of the clinical experience.

B. Additional readings:

It is recommended that students have the required text books from previous course work in the PT program available during the clinical experience. In addition, the student may find the following books useful during this course:

- 1) Tabors Cyclopedia Medical Dictionary.
- 2) The Merck Manual 18th Edition; Beers, M.H.
- 3) Physician's Desk Reference or electronic equivalent.

Course, Department and Program Policies:

1. Course Attendance: Students are expected to be in attendance during usual clinic hours (minimum of 40 hours/week). If a student will not be in attendance at the clinical site due to illness or religious observation, s/he must notify the CI and DCE. No other form of absence will be excused. Arrangements to make up for time off should be made between the CI and the student, with intervention by the DCE only as needed. It is the

responsibility of the student to report all absences to the DCE. Students are expected to be at the clinical site, ready to work promptly at the beginning of the work shift. Student absences from the clinical site without notification of the DCE may result in a failing grade for the course.

2. Late Work: The instructor does not accept late work.
3. Religious Observance: Students may miss class without penalty for religious observance with advance notification.
4. Professional Attire: Students must follow the dress code of the facility at all times. It is the student's responsibility to find out the dress code at the facility to which you are assigned. Additionally, student should appear neat and clean with hair controlled and a suitable length, nails trimmed and short with jewelry kept to a minimum. Name pins must be worn at all times.
5. Special Accommodations: Individuals with disabilities and/or health conditions that may affect full participation in this course must contact the instructor during the first week of classes. This information is confidential.
6. Academic misconduct: Academic misconduct is inconsistent with the ethical practice of physical therapy and is taken very seriously by the D.P.T. program and the University of Wisconsin-Milwaukee. UWM defines misconduct as follows:

"Academic misconduct is an act in which a student seeks to claim credit for the work or efforts of another without authorization or citation, uses unauthorized materials or fabricated data in any academic exercise, forges or falsifies academic documents or records, intentionally impedes or damages the academic work of others, engages in conduct aimed at making false representation of a student's academic performance, or assists other students in any of these acts." (Chapter UWS 14 and the UWM implementation provisions; Faculty Document 1686).

Please see http://www4.uwm.edu/acad_aff/policy/academicmisconduct.cfm for more information on academic misconduct or www.uwm.edu/Dept/SecU/SyllabusLinks.pdf for more information on university policies and procedures.

7. College of Health Sciences (CHS) Honor Code: The Honor Code provides a framework for moral, ethical, and professional behavior for all members of the College of Health Sciences, including students, faculty, and staff. With all members of the College committed to upholding and promoting the tenets of the Honor Code, we will continue to work and learn in a supportive and stimulating environment. Commitment to this Honor Code supports the mission of the College of Health Sciences to prepare future health professionals, and conduct nationally recognized research in the health sciences. Please visit the website <http://www4.uwm.edu/CHS/students/honorcode/honorcode.html> for the detailed Honor Code.
8. Additional Clinical Education Course Requirements
 - Students are responsible for their own transportation and lodging.
 - Students are encouraged to have a comprehensive physical examination prior to beginning their internships.
 - Students are responsible for fees for services rendered should they become ill and require medical attention and are therefore advised to secure health insurance coverage.
 - Students must have evidence of immunizations and titer results indicating immunity on file with the Physical Therapy Program and available for facility inspection.
 - Students must have participated in HIPAA training prior to first day of clinical experience and have provided certificate of completion to the DCE.
 - Students must have CPR certification (adult and infant) at the basic life support level to participate in clinical experience.
 - Students are expected to follow all policies and procedures of their assigned facility.

- All students are expected to carry professional liability insurance in addition to the university's umbrella policy.

8. Course Schedule:

Week	Topic	Readings	Assignments
Week 1	Orientation to clinical site Complete HIPPA and infectious control education, if required. Begin experiential learning in the clinical setting.	Readings may be assigned by Clinical Instructor or chosen by student to support the clinical experience.	
Weeks 2 - 12	For the remaining weeks in the clinical the student will participate in experiential learning including exam/evaluation, treatment, participation with other healthcare professional, and completion of paperwork.		Students are required to complete the Professional Behaviors self assessment, CPI self assessment, complete a reflective journal and complete the Physical Therapist Student Evaluation form. These assignments are due within one week of the completion of the clinical experience.