Dear Parents and Family of Incoming Students,

As a University, the safety, health, and well-being of our students are our top priorities. As such, we aim to provide our students with information, skills, and resources to support them in making healthy decisions with regard to substance use, in building and navigating healthy relationships, and in being an active member of a supportive community to prevent sexual violence and alcohol- and other drug-related harm.

To this end, we require incoming students, regardless of age, to participate in an online education program prior to their arrival on campus. The Alcohol-Wise course includes a self-assessment, personalized feedback, and interactive modules intended to promote and enable healthy and informed decisions concerning alcohol use. In addition, the program includes Consent and Respect, a module that provides education and resources on sexual assault, consent, intimate partner violence, stalking, warning signs of abusive behavior, the role of men as advocates, and safe and positive options that will empower bystanders in potential high-risk situations. A follow-up component, administered in October, serves as an important check-in after students have had some time to navigate the college experience.

We invite you to participate in this program, yourself, (utilizing the log-in instructions found on the back of this letter) and encourage you to use the information to talk with your students about the decisions that they will face with regards to alcohol and other drugs and relationships. Research shows that family members have a powerful influence on the behaviors of college students. By initiating these conversations with your student both before and throughout their college career, you can and will help to lay the foundation for their safe and successful UWM experience.

Sincerely,

Julie Bonner, MD
Chief Health Officer and Executive Director of Norris Health Center

Susan Cushman, MPH, CHES
Campus Alcohol & Other Drug Coordinator
Norris Health Center
ALCOHOL-WISE is an online alcohol education course. You’ll need access to an internet connected computer and an email address.

To access the course, you must follow enrollment instructions and enter the correct control number.

1. Go to www.3rdmilclassrooms.com
2. Click on Begin Enrollment-College on the left side menu.
3. When you are directed to enter the Control Number, enter the code below.

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You will not need a credit or debit card to enroll. You will receive a password immediately on the screen and by email.

It takes about 90 minutes to complete the course. You can log in and out as needed.

**You will receive an email 30 days after you complete the course reminding you to login and complete the 15-minute follow-up.**

Upon completion of the course, you will receive a completion notification by email.

**Contact Information:**
3rd Millennium Classrooms 15900 La Cantera Parkway, Suite 20235
San Antonio, TX 78256
Toll-free Phone: 888-810-7990
Email: info@3rdmilclassrooms.com