Continuing Education Offerings

COURSE INFORMATION

Standing Together to Prevent Falls: Strategies for Fall Prevention in Older Adults
Friday, September 22, 2017 // 9:00-12:00 // Saint John’s On The Lake
Instructor: Nancy Shea, RPh, BCGP

Activities and Dementia Care: Engaging with Rhythm
Friday, October 6, 2017 // 9:00-12:00 // Brookfield Rehabilitation
Instructors: Diane Baughn, MA & Tom Gill, BS

A Delicate Balance: Yoga’s Effect on Fall Prevention
Friday, October 20, 2017 // 8:30-12:30 // Milwaukee Catholic Home
Instructor: Paul Mross, E-200 RYT, LMT

As Life Wanes: Hospice Basics and the Ethical Challenges at End of Life
Friday, December 1, 2017 // 8:30-12:30 // Alzheimer’s Association
Instructors: Megan Federighe, BA & Dimitri Mills, PhD

Caring, Living, and Laughing: Helping Caregivers Have a Life While Caring
Friday, January 19, 2018 // 9:00-12:00 // Alzheimer’s Association
Instructors: Diane Baughn, BA & Lynda Markut, MS

Expanding Awareness: Mindfulness-Based Techniques for Aging Well
Friday, February 9, 2018 // 8:30-12:30 // Milwaukee Catholic Home
Instructor: Marietta Pucillo, CYT, RYT

LGBTQ+ Populations and Aging
Friday, March 2, 2018 // 9:00-12:00 // Saint John’s On The Lake
Instructors: Jen Murray, BA & Jeanette Martin, MAEd

Supporting Caregivers: The Art of Connection
Friday, April 20, 2018 // 9:00-12:00 // Jewish Home and Care Center
Instructors: Diane Baughn, MA & Lori Stahl, BM

Aging Well: Yoga in Later Life to Connect the Mind, Body, and Spirit
Friday, May 11, 2018 // 8:30-12:30 // Alzheimer’s Association
Instructor: Paul Mross, E-200 RYT, LMT

Healing or Harming: Prescription Drug Use in Older Adults
Friday, June 8, 2018 // 8:30-12:30 // Brookfield Rehabilitation
Instructor: Nancy Shea, RPh, BCGP

More information about these courses, including locations, available credit hours and full descriptions, can be found online at UWM.EDU/CATR.

Questions?
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